

2021 Webinar Series

Risk Control

Join Coverys Workers' Compensation Services for its timely, engaging, and information-packed webinars designed specifically for you. As the healthcare industry continues to evolve, we know you understand the importance of continued education on health and safety in the work environment. The webinars in the 2021 series will be instructive and relevant as well-known experts from around the country speak on the important topics that healthcare providers encounter daily.



Workers' Compensation Services
800.313.5888, ext. 2

COVID-19, OSHA, & Healthcare

February 24, 2021 • 11 a.m.–noon Eastern

Program Description

COVID-19 has had a profound impact on workplace safety in general, and the healthcare sector specifically. Federal OSHA, CDC, and NIOSH guidance; fluctuating enforcement strategies; and the emergence of state OSHA emergency rules further complicate effective safety management. This session will provide the latest information you need to meet these challenges.

Our Presenter



Adele L. Abrams, Esq., CMSP, President, Law Office of Adele L. Abrams, PC, is a nationally recognized expert on occupational safety and health issues. She provides training on regulatory compliance and best practices to groups including the National Safety Council; the American Society of Safety Professionals; a variety of construction, manufacturing, and mining associations; and private companies.

Dr. Abrams is an attorney, safety professional, and trainer who is president of the Law Office of Adele L. Abrams, PC, in Beltsville, MD; Charleston, WV; and Denver, CO; a multi-attorney firm focusing on representing employers in OSHA/MSHA matters and employment law nationwide. She also teaches employment law at two universities.

Who Should Attend?

- Nurses
- Department managers and supervisors
- Physical therapists and assistants
- Directors and assistant directors of nursing
- Safe patient movement/handling committee members
- Human resource personnel
- Workers' compensation managers
- Quality improvement team members
- Safety committee members
- Administrators

Continuing Education Credit

This session may be eligible for up to 1.0 credit hour through your affiliation with other professional or credentialing organizations. Please check with the governing board of these entities for applicability.

Human and Organizational Performance (HOP)

March 10, 2021 • 11 a.m.–noon Eastern

Program Description

What if we were less surprised by human error and instead became more interested in learning? What if we realized that many conditions that lead to failure are not found in accident investigations and hazard analyses?

The results from embracing HOP are staggering: managers change their response to failure, employees become engaged, and challenges fixed stay fixed much longer.

HOP helps us understand how humans perform and how we can build more error-tolerant systems. This HOP session teaches a new way of thinking about improving the workplace and responding to failure and work.

Our Presenter



Bob Edwards, the founder of H.O.P. Coach, understands humans. He's been one for almost 60 years! He helps organizations realize that human error is common and can even be expected in complex work environments. He demonstrates how when something bad happens, our focus needs to shift from blaming employees to looking at the system in which they work. Bob draws

on his life experience from the military, industry, outdoor adventure sports, and raising 12 kids. Bob worked for one of the world's largest corporations, for medium sized companies, and is currently self-employed.

Bob is a leading expert on human performance learning teams. His practical, easy-to-use approach brings real value to those who do the work and helps managers better understand the complexity and adaptive nature of work. He teaches how to empower employees and implement forward accountability through learning and discovery.

Bob has a BS degree in mechanical engineering from Tennessee Technological University and an MS degree in advanced safety engineering management from the University of Alabama Birmingham.

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Preserving Employee Health While Working Remotely

April 28, 2021 • 11 a.m.–noon Eastern

Program Description

When we brought our work home at the beginning of the pandemic, many of us thought the transition would be temporary. However, with many employers now deciding to have employees work from home either temporarily or longer term, how do we continue to keep our employees safe and productive?

This session will review current evidence-based strategies employers can use to address:

- Physical set up of computer workstations at home.
- Managing stressors related to the psychological impacts of the new work environment.
- Building boundaries between work and personal life.
- The importance of incorporating good lifestyle habits – including regular movement, sleep, nutrition, and social interaction.

Our Presenter



Linda L. Miller, OTD, CPE, CCPE, President, EWI Works International Inc., Western Canada's leading ergonomics and wellness company. With more than 30 years of experience in ergonomics and occupational therapy, Dr. Miller continues to lead EWI Works into new territory, particularly in tech. She is currently an advisor for WELL, an international building standard focused on promoting healthy work environments. Dr. Miller's passion for education and empowerment is reflected not only in EWI Works' services and products, but also in her position as an adjunct professor at the University of Alberta's Faculty of Rehabilitation Medicine.

Who Should Attend?

- Occupational health nurses
- Department managers and supervisors
- Physical therapists
- Occupational therapists
- Human resource personnel
- Workers' compensation managers
- Safety committee members.
- Administrators

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Safe Patient Handling and Movement in Long Term Care

May 26, 2021 • 11 a.m.–noon Eastern

Program Description

In long term care, clinical management of resident mobility, toileting, and keeping residents safe is challenging for caregivers.

In this live, interactive session, we will review the interrelatedness of immobility, incontinence, cognition changes, and falls. Live, case-based scenarios will demonstrate complex interactions and solutions to achieve safe resident mobility. Innovative use of safe patient handling and mobility equipment will be demonstrated in ways that protect caregivers, residents, and increase quality of life for the residents.

Our Presenter



Margaret Arnold, PT, CEES, CSPHP, Founder, CEO Inspire Outcomes LLC, is one of the world's foremost experts on early mobility. Margaret has over 25 years of experience as a PT, specializing in back injury treatment and prevention, industrial rehabilitation, ergonomics, and safe patient mobility.

She shared a TED Talk and has been asked to speak both nationally and internationally. She has extensive knowledge of safe patient handling technologies and is spearheading research about how to incorporate those technologies into early mobility programs. She designed a multi-function mobility harness and is also the editorial advisor on early mobility for the International Journal of Safe Patient Handling and has a seat on the board of directors for the American Safe Patient Handling Association. She has published extensively on both topics and is a pioneer in integrating early mobility programs with safe patient handling programs.

Margaret has a proven track record of successful, sustainable program outcomes and is passionate about doing whatever it takes to get the best care for the patients and in the safest way for caregivers.

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Restoring Joy in Work and Preventing Burnout: An IHI Framework for Joy & Well-Being

September 22, 2021 • 11 a.m.–noon Eastern

Program Description

New, innovative approaches are urgently needed to help caregivers tackle the challenge of restoring and maintaining joy in their work. When internal and external pressures continually mount, exacerbated by the pandemic, it can become increasingly difficult for team members to focus on the positive aspects of their jobs. The IHI Framework provides proven methods to foster a positive work environment that creates equity, camaraderie, meaning, and choice and ensures the commitment to deliver high-quality care, even in stressful times. This session offers a systems-based approach to:

1. Raise staff engagement and restore joy and well-being.
2. Identify the key changes in the system for joy in work.
3. Take away at least one intervention you can test to ensure staff feel meaning, choice, camaraderie, and equity.

Our Presenter



Jessica Perlo, MPH, Director, Institute for Healthcare Improvement, leads IHI's Joy in Work Portfolio, which aims to reverse the worrying trend of burnout in healthcare and support leaders at all levels in creating a positive work environment that fosters equity, camaraderie, meaning, choice, and a shared commitment to deliver high-quality care. Jessica teaches and coaches around the globe, building individual and organizational capability for improvement and joy and has authored several publications on these topics.

For more than 10 years, Jessica has worked to design and implement health system improvement efforts, including roles at Finger Lakes Health Systems Agency, Brigham & Women's Hospital, and Partners Healthcare. She is a member of the National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience, trained in community organizing from the Harvard Kennedy School of Government, and is an IHI-certified Improvement Advisor.

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Risk Control

Registration

Coverys Workers' Compensation clients are invited to attend the live Risk Control Webinars free of charge. To register, please contact your risk control consultant or email us at rcwebinars@coverys.com. Members with access to the Risk Control portal, Members Only, can also register at coverys.com/rc.

All others are welcome to join us at \$49 per session. To register, please contact us at 800.313.5888, ext. 2, or email us at rcwebinars@coverys.com.

Can't Attend the Live Webinar?

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